

Apple Spiced Muffin

Ingredients

Gem Icing Sugar (4X3Kg) (Icing Sugar (95%), Corn Starch (5%)), Country Range Plain Flour (6x1.5kg) (**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin).), Champion Salted Butter 20x454 GM (Salted butter), Apples Cooking Bramley 13kg Case, Champion Fresh **Milk** (raw **MILK**), **Eggs** Large Loose 1x30 Dozen, Caster Sugar Mckinney's (10x1kg) (Sugar), Oil, Brakes Baking Powder 1x850 GM, Sysco Classic Ground Mixed Spice 6x450 GM, ORGANIC NATURAL VANILLA EXTRACT , Musgrave Excellence Ground Cinnamon (Cinnamon), Salt- Fine Table (1kg), Schwartz For Chef Ground Ginger (Ground Ginger), Organic Nutmeg Powder, Brakes Whole Cloves 1x400 GM

Contains: Eggs, Milk, Wheat Gluten

May Contain: Barley Gluten, Celery, Khorasan (Kamut) Gluten, Mustard, Oat Gluten, Rye Gluten, Spelt Gluten

Typical Values	per 160.5 g	per 100g
Energy	2531kJ/604kcal	1578kJ/376kcal
Fat	28.67g	17.87g
of which saturates	17.98g	11.2g
Carbohydrate	80.83g	50.38g
of which sugars	59.61g	37.15g
Protein	4.72g	2.94g
Alcohol	0.14g	0.09g
Fiber	1.70g	1.06g
Salt	0.872g	0.543g